

# SpaShape Diminishes the Appearance of Cellulite in Single Tx

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Long considered a nemesis in aesthetic medicine, it appears that cellulite may have finally met its match with the introduction of SpaShape from MedixSysteme (Nimes, France). Combining fractional energy beams and cold laser lipolysis, this device has been shown to non-invasively improve contour and diminish the appearance of cellulite after only a single treatment.

Unique to other devices available on the market, SpaShape is powered by fractional focalized ultrasound and a 635 nm LLLT cold laser, two innovative technologies that when combined, significantly reduce adipose tissue and cellulite, quickly and painlessly.

According to Rafael Nunes, M.D., clinical director of Slim Clinique Laser Center in Rio de Janeiro, Brazil, "One can achieve a measurable reduction in the circumference of the targeted area and a visible improvement of cellulite after only a single SpaShape treatment."

SpaShape uses high intensity, fractional, focalized, pulsed ultrasonic waves, emitting more than 1,000 precisely pulsed beams in a focal area. Within just a few seconds the technology allows the clinician to effectively treat adipose cells located 1 cm to 2 cm below the skin, while sparing other vital tissues such as important vasculature and nerves.

"I have used focal, fractional and classic ultrasound technology in the past and believe that fractional is the evolution of focal ultrasound," noted Valerie Jubert, M.D., a cosmetic physician at Médecine Esthétique et Anti-Age in Saint-Laurent des Arbres, France. "The sheer number of beams and the longer pulse duration make the fractional energy more efficient for adipose tissue while leaving other adjacent tissues intact, without causing any pain or discomfort to the patient. This is a great advantage in aesthetic medicine." Moreover, Dr. Jubert also feels that "with little or no

consumables, SpaShape is a good long-term investment without needing to buy different handpieces."

Additionally, the combined 635 nm laser technology incites biostimulation which increases the vasodilatation, opens the lymphatics and stimulates new collagen formation – proven in numerous published studies. This laser also helps the metabolism eliminate cellular debris and restore cell function to full capacity.

"Our patients are very satisfied with SpaShape treatments because visible results can be appreciated after only a few sessions. Moreover, the treatments are painless and patients experience no downtime which can be an issue with other technologies used for the same indication," said Marcelo Martin Scortechini, M.D., medical director at the +Bellezza Clinical Center in Valencia, Spain.

A typical SpaShape treatment session may take about 45 minutes for both legs or buttocks. As a non-surgical procedure it does not require any cuts, incisions, sutures, anesthesia or injections. This makes it a very interesting treatment option and solution for those patients who do not want, or are contraindicated for surgical procedures, particularly in regard to the aesthetic results that can be achieved when compared to other more invasive techniques used for this indication.

SpaShape is also uniquely designed for both men and women, taking into consideration the patient's skin thickness, as well as the nature of a patient's adipose tissue (with varying levels of fibrosis according to gender). "Depending on the patient, one should receive between 4 and 12 treatment sessions to maximize aesthetic outcomes," Dr. Nunes advised. "One major advantage of SpaShape over other leading technologies is that one can effectively treat larger areas of cellulite in much less time, saving the physician much valuable time."



44 year old male before Tx



44 year old male after four SpaShape treatments  
Photos courtesy of Marcelo Martin Scortechini, M.D.